It's important to note that domiciliary care services are highly individualised, and the specific combination of services provided will depend on the unique needs and circumstances of each person receiving care. The goal is to create a comprehensive care plan that addresses the physical, emotional, and social aspects of the individual's well-being while allowing them to maintain independence in their own home.

Our Approach Positive Behavior Support

Positive Behavior Support (PBS) in domiciliary care involves a person-

centered approach to understanding, preventing, and addressing challenging behaviors exhibited by individuals receiving care. We focus on promoting positive and meaningful interactions, enhancing the individual's quality of life, and maintaining their dignity and autonomy.



Digital Transformation in Healthcare

Person Centered Software – Our company provides technology-driven platforms to its service users and employees involved in social care by building an ecosystem of care, to nurture, support and empower everyone in social care, helping to drive

outstanding care outcomes. This brings out the quality of life of not only the ones being cared for, but we believe and

cared for, but we believe and have extended it to the people providing the care.

Our Brilliant Team



Lead Physiotherapist 'Optimizing Potential to have a Quality of Life'

EDEN AKIATAN

Hi, **I'm Eden**. I will be helping you work on your rehabilitation goals to reach your maximum potentials while at the comfort of your home. I have the duty of candor to be fair and honest to you and your loved ones by providing a calm atmosphere where you feel safe, valued and listened to.



SHEELA VARUGHESE Registered Manager 'Re-strengthening potentials, empowering lives'

Welcome to Good Shepherd Domiciliary Care Service. We are a visionary team of well qualified and experienced health professionals to provide all our support with the best of our experience to serve you in performing your daily living functioning with high self-esteem, motivation and positive approach to re-strength your potentials.

DR. PIERA SANTULLO Consultant in Rehabilitation Medicine 'Let us help to RESTORE your full HEALTH'

Welcome to Good Shepherd Domiciliary Care Service. Here we are a team of Multi Disciplinary health professionals for individuals with a healthcare need to help them regain their physical, social and psychological

potential. As a multi-disciplinary team of specialists, we will work interconnected with person centered approach alongside you and your loved ones in setting meaningful, realistic and achievable goals to help restoring your full HEALTH.



Good Shepherd Domiciliary Care "Care Is What We Do"

Locations: Across England and Wales (including Birmingham, Liverpool, Nottingham, Derby, Leicester, Manchester, Sheffield and its expanding to other cities across the UK.



Background

Good Shepherd 4 You is a private limited company that has been registered with the Care Quality Commission (CQC) few years back. Our primary goal is to provide highquality Nursing Care Service to the residents of Nottingham City. Over time, we have expanded our services to include Neuro Rehabilitation Service, which is currently available in Nottingham City, and Domiciliary Care Service, which is steadily growing and expanding to different cities in England and Wales. Our commitment to delivering exceptional healthcare services is based on the guidelines set by the UK Health and Social Care, Community Health, Local Authority and NICE guidelines.

Telephone: 07311 300 929

Registered Office Address: Suite 314H Lonsdale House, 52 Blucher Street, Birmingham B1 1QUwww.goodshepherd4you.comgoodshepherddomiciliarycare@outlook.comf/goodshepherd4you/good.shepherd4you/goodshepherd4you/good.shepherd4you/goodshepherd4you

Trade Name of: Good Shepherd 4 You Ltd.

Company No: 14273303, Registered in England and Wales



Message from Founder & CEO Manzoor Yousaf

'TOGETHER WE CAN BUILD a better care space'

Greetings! I am the Founder and Chief Executive Officer of Good Shepherd 4 You Ltd, overseeing the Clarendon Neuro Rehabilitation Service and Good Shepherd Domiciliary Care Service. Our company is registered with the Care Quality Commission (CQC) and is dedicated to providing person-centered care of the highest quality. Our unique service delivery

model focuses on enabling individuals to restore, recover, and revive with the support of our expert multi-disciplinary health team.

My main focus is to make sure every service user experiences a high-quality standard care with the fundamentals of an ethics where addressing the needs of each service user as a personalized approach is a priority in our practice.

Our Vision:

We aim to restore, recover and revive the functional ability of our service users, encouraging safe, resilient, and independent living, optimizing their potential to reintegrate into the community to live a quality of life.

Our Mission:

To provide high-quality specialist assessment, treatment and care to individuals from the age of 18 and above requiring support and assistance to perform daily living activities to their best possible potential in comfort of their home.



Our Core Values:

Dignity and Respect:

We promise dignified person-centred care. Our core values evolve around respect, kindness and equality.

Commitment:

We are committed to delivering a safe, effective and supportive environment for our service users to achieve their maximum potential throughout their rehabilitation journey.

Quality:

As a health care provider, the quality of service is an essential aspect of our care. We ensure the service delivered to our service users is sustained and maintained as per Health care standards, NICE guidelines and regulatory body code of professional conduct.

All the clinical and non-clinical staff is wellequipped with knowledge and skills to maintain the highest standards of quality services.

Our Services:

1 Personal Care:

- Assistance with bathing, grooming, and personal hygiene.
- · Support with dressing and mobility.
- \cdot Help with toileting and incontinence care.

2 Medication Management:

- Assistance with medication reminders.
- Administration of medications as prescribed by healthcare professionals.
- · Monitoring and documentation of medication usage.

3 Meal Preparation and Nutrition:

- · Planning and preparation of balanced and nutritious meals.
- Assistance with feeding if required.
- · Monitoring and promoting healthy eating habits.

4 Companionship:

- · Social interaction and companionship.
- · Engagement in conversation and recreational activities.
- · Accompanying individuals on outings or appointments.

5 Light Housekeeping:

- Basic household chores such as light cleaning and tidying.
- · Laundry and changing bed linens.
- \cdot Assistance with organizing and maintaining the living space.

6 Transportation:

- Assisting with transportation to medical appointments, grocery shopping, or other errands.
- · Supporting individuals in getting in and out of vehicles.

7 Health Monitoring:

- Regular monitoring of vital signs (blood pressure, heart rate, etc.).
- · Observing and reporting changes in health or well-being.
- \cdot Collaboration with healthcare professionals for ongoing care.

Behabilitation Support:

- Assistance with exercises and rehabilitation routines.
- Support for individuals recovering from surgery or illness.

In the second second

- Temporary relief for primary caregivers.
- Allowing family members or other caregivers to take breaks while
 ensuring continuity of care.

O Specialised Care:

- Tailored care for individuals with specific health conditions or disabilities.
- · Palliative care for those with life-limiting illnesses.

(i) Cognitive Support:

- Assistance for individuals with cognitive impairments, such as dementia or Alzheimer's disease.
- · Cognitive stimulation activities to promote mental well-being.

